

Are you a retired nurse or care home assistant,  
or a trained nurse at home with a young family ?  
Could you spare a few hours a week to help the older  
people in your community ?

**Affordable foot care  
and toenail cutting  
services are being set  
up across Devon.**

This new and much needed service is for older people who cannot care for their own feet and have no willing or able relatives or friends who can help them.

We are looking for volunteers to help older people in their community avoid painful and uncomfortable feet by regularly

**[www.mylifemychoiceindevon.org.uk](http://www.mylifemychoiceindevon.org.uk)**

cutting their toe nails ensuring their feet are kept fit and healthy.

You will be fully trained and supported by an NHS Podiatrist and will be working as part of a team of volunteers. You will always have an experienced member of staff by your side.

If you think that you may be interested in getting involved and would like to find out more, please contact:

**Sandra Willetts** on  
**01409 221470** or email:  
**[winsfordtrust@btconnect.com](mailto:winsfordtrust@btconnect.com)**



**THE WINSFORD TRUST**  
A TRUE COMMUNITY ENTERPRISE

