

What is the Sahara Project?

The Sahara Project is an outreach mentoring project provided and managed from the Hikmat Black and Minority Ethnic Centre Exeter. The Centre caters for older people from a Chinese, , South Asian, and Arab ethnic background.

Our aim is to identify individuals living in Exeter, East, Mid and Northern Devon who are isolated, and enable them to make new friends, find out about services available and help them if they so wish to join in and improve their situation.

We have our own Chinese, Indian and Pakistani staff who are all able to speak different languages.. The elders who attend the Hikmat BME Centre on Tuesday and Thursday also assist..

If you want to find out more, or would like to attend the Hikmat Centre Exeter, please contact :

Ella Huffman on this telephone number:

01392 314753



“bringing people together”

Telephone: 01392 314753

**Email:
saharaproject@googlemail.com**

**Sahara Project Office
1 Emperor Way Exeter Business Park
EXETER EX1 3QS**

SAHARA PROJECT 2008-2009



“bringing people together”

**In Exeter, East, Mid and
North Devon**

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SAHARA PROJECT

The Sahara Project is a one year programme running in Exeter, East, Mid and Northern Devon funded by the Department of Work and Pensions.

The Project has identified local bme staff from the Hikmat Centre and has trained them to become mentors for the Project.

Our aim is to improve the health outcomes of isolated bme people aged 45 plus by offering person-centred support to enable exploration of the social and educational opportunities available locally.

This includes working with small communities and individuals to set up groups to support them where they have identified a need.

The focus of the project is the community and making contact through bringing people together to listen and identify ways forward which are suitable to the community or individual.

If you would like to find out more, or would like a visit from a mentor, or would like to come and visit us, please contact Ella Huffman—Project Administrator on:

Tel: 01392 314753

Email: saharaproject@googlemail.com

WHAT IS A MENTOR?

Mentors on the Sahara Project are trained and paid for their work. They meet together to support one another and discuss ways forward with the Mentoring Co-ordinator. They identify and work with persons and communities aged 45 plus.

We are looking to identify and train bme individuals to become mentors in east, mid and northern Devon.

Volunteers Needed

We are also looking for bme volunteers to work with the mentors. Training will also be given.

If you are interested in becoming a Mentor or Volunteer, or want further information please contact Ella Huffman—Project Administrator on:

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