

Are you a retired nurse or care home assistant,
or a trained nurse at home with a young family ?
Could you spare a few hours a week to help the older
people in your community?

**Affordable foot care
and toenail cutting
services are being set
up across Devon.**

This new and much needed
service is for older people who
cannot care for their own feet
and have no willing or able
relatives or friends who can help
them.

We are looking for volunteers to
help older people in their
community avoid painful and

www.mylifemychoiceindevon.org.uk

uncomfortable feet by regularly
cutting their toe nails ensuring
their feet are kept fit and healthy.

You will be fully trained and
supported by an NHS Podiatrist
and will be working as part of a
team of volunteers.

If you think that you may be
interested in getting involved and
would like to find out more,
please contact:

Barbara Starkiss on
01823 681036 or email:
bsgbarbara@nhs.net

