

Do you want to keep your feet healthy ?

Do you need help with cutting your toenails and looking after your feet ?

Are your feet painful or uncomfortable ?

If so we can help. Affordable foot care and toe nail cutting services are being set up across Devon. This new and much needed service is for older people who cannot care for their own feet and have no willing or able

relatives or friends who can help them.

There is a charge for the foot care service, £5.50 for toe nail cutting and £1.50 for hand nail cutting.

Estuary League of Friends will be offering this service in Exeter. If you would like to find out more about this service please contact:

Rachel Gilpin on
01392 879009 or email:
rachel.estuary@virgin.net

www.mylifemychoiceindevon.org.uk



Devon
County Council

NHS