

Do you want to keep your feet healthy ?

Do you need help with cutting your toenails and looking after your feet ?

Are your feet painful or uncomfortable ?

If so we can help. Affordable foot care and toe nail cutting services are being set up across Devon. This new and much needed service is for older people who cannot care for their own feet and have no willing or able relatives or friends who can help them.

There is a charge for the foot care service, £5.50 for toe nail cutting and £1.50 for hand nail cutting.

Dawlish and East Teignbridge Volunteer Centre will be providing this service in Teignbridge. If you would like to find out more about this service please contact:

The Volunteer Centre on **01626 889288** or email: **info@dawlish-vb.org.uk**

www.mylifemychoiceindevon.org.uk

